

***For additional programs and info, go to:***

[www.mass.gov/dcr/events.htm](http://www.mass.gov/dcr/events.htm):

Department of Conservation & Recreation

[www.friendsofalewifereservation.org](http://www.friendsofalewifereservation.org):

Friends of Alewife Reservation

[www.friendsofbelleislemarsh.org](http://www.friendsofbelleislemarsh.org):

Friends of Belle Isle Marsh Reservation

[www.saugus.org/FOBR](http://www.saugus.org/FOBR):

Friends of Breakheart Reservation

[www.charlesriverconservancy.org](http://www.charlesriverconservancy.org):

Charles River Conservancy

[www.esplanadeassociation.org](http://www.esplanadeassociation.org):

The Esplanade Association

[www.fells.org](http://www.fells.org):

Friends of the Middlesex Fells Reservation

[www.gbnemba.org](http://www.gbnemba.org):

Greater Boston New Eng. Mtn. Bike Assoc.

[www.lynn-nahantbeach.org](http://www.lynn-nahantbeach.org):

Friends of Lynn & Nahant Beach

[www.fomr.org](http://www.fomr.org):

Friends of the Mystic River

[www.mysticriver.org](http://www.mysticriver.org):

Mystic River Watershed Association

[www.reverebeachpartnership.com](http://www.reverebeachpartnership.com):

Revere Beach Partnership

[www.saugusriver.org](http://www.saugusriver.org):

Saugus River Watershed Association

**Breakheart-Fells Weekly Hikes**

**All hikes begin at 11am.**

Most hikes last 2 hours and meet at Breakheart’s Christopher P. Dunne Visitor Center, 177 Forest St, Saugus. However, the last hike of every month will meet at the Botume House Visitor Center at 4 Woodland Rd, Stoneham, and explore the Middlesex Fells Reservation for roughly 3 hours.

*Hikes cover several miles and may be too strenuous for children under 10. No dogs, please.*

**For info**, call **781-233-0834**, or see detailed schedule flyer at <http://www.mass.gov/dcr/events.htm>.

**April**

**Sun, Apr.1:** Lodge Trail, Fox Run, Eagle Rock, Lakes

**Sat, Apr. 7:** Lakes, Ridge Link, Crow Hill, Saugus R.

**Sat, Apr. 14:** Ash Hill, Silver, Fox, Saugus. R, B♥ Hill

**Sun, Apr. 22:**Lodge Trail, Fox Run, Eagle Rock, Lakes

**Sat, Apr. 28:** Fells Hike, 3 hours, considered difficult

**May**

**Sat, May 5:** Lakes, Fern, Spruce, Crow Hill, Ridge

**Sun, May 13:** Fox Run, Eagle Rock/Lakes, B♥ Hill

**Sat, May 19:** Fox Run, West of Power Lines, Lakes

**Sun, May 27:** Fells Hike, 3 hours, considered difficult

### Breakheart-Fells Weekly Hikes

All hikes begin at 1pm.

The last hike of every month will explore the Middlesex Fells Reservation and meet at Botume House Visitor Center at 4 Woodland Rd., Stoneham. All other hikes will meet at Breakheart’s Christopher P. Dunne Visitor Center, 177 Forest St (off Lynn Fells Pkwy), Saugus.

**For info**, call **781-233-0834.**

*Hikes cover several miles and may be too strenuous for children under 10. No dogs, please.*

**March**

**Sun, Mar. 7:** B♥ Tr., Fox Run Link, B♥ Hill, Saugus R.

**Sun, Mar. 14:** Ridge, Lakes, Fern-Spruce, Ridge Link

***POTLUCK LUNCH TO FOLLOW!***

**Sat, Mar 20:** Frog Pond, Saug. R., Lakes, Fox Run

**Sun, Mar. 28:** Fells Hike, 3 hours, considered difficult

**April**

**Sat, Apr.3:** B♥ Hill & back, Marsh, Rgr Tr, Frog Pond

**Sun, Apr. 11:** Lakes, Ridge Link, Crow Hill, Saugus River

***POTLUCK LUNCH TO FOLLOW!***

**Sat, Apr. 17 :** Ash Hill, Silver, Fox, Saugus. R, B♥ Hill

**Sun, Apr. 25:** Middlesex Fells Hike, 3 hours, considered difficult

May

**Sat, May 01:** B♥ Hill, Lakes, Eagle Rock, Fox Run

**Sun, May09:** Frog Pond, Ranger, Marsh, Saug. R.-Fox

**Sat May 15:** Fox Run, Eagle Rock/Lakes, B♥ Hill

***POTLUCK LUNCH TO FOLLOW!***

**Sun, May 23:** Middlesex Fells Hike, 3 hours, considered difficult

North Region Spring 2012

**DCR Coastal Awareness Environmental Education Program**

**For Schools and Non-Profit Groups:**

Offered ***by appointment*** at Revere Beach

**Beach Discovery**

Children will explore signs of life along the beach and learn ways to help keep the area beautiful and safe for wildlife and people.

**Shore Bird Discovery**

Children will learn about some of the birds that visit our beaches and what the DCR is doing to protect rare shorebirds.

Programs are free of charge. Suitable for grades K-5. **For more info**, contact DCR Visitor Services Supervisor Matthew Nash at **Matthew.Nash@state.ma.us**, or

**781-485-2804, Ext. 105**

**Great Destinations Slide Show**

**March through May, by appointment**

Call for this travelling slide show of the prettiest places in the Commonwealth to come to your Senior Center or Library. Contact **Lynn Hildenbrand** at **781-231-1203**, or **Lynn.Hildenbrand@state.ma.us****.**

**Park Field Trips**

**March through May, by appointment**

Educators and Youth Leaders are welcomed to book field trips to beautiful DCR North Region (Metro North) forest, marsh and coastal locales.

**For more info**, contact **Lynn Hildenbrand** at **781-231-1203,** or**Lynn.Hildenbrand@state.ma.us**.





#### DCR North Region Headquarters

4 Woodland Road, Stoneham, MA 02180

Tel: (617) 727-1199 Fax: (617) 727-6450

www.mass.gov/dcr

**Alewife Brook Reservation**

**Beaver Brook Reservation**

**Belle Isle Marsh**

**Breakheart Reservation**

**Charles River Reservation**

**Constitution Beach**

**Lynn Heritage State Park**

**Lynn / Nahant Beach**

**Mary O’Malley Park**

**Middlesex Fells Reservation**

**Mystic River Reservation**

**Revere Beach**

**Rumney Marsh Reservation**

**Winthrop Beach**

***April***

**Adaptive Skating-Games on Ice**

**Tuesday, April 10th, 11:30am-1:30pm**

Everyone is welcome to try out an ice sled at no cost. Conventional ice skates are available for rent, or bring your wheelchair on the ice. Come with your waiver filled out. Waivers can be found at [www.mass.gov/dcr/universal\_access/docs/waiver.pdf](http://www.mass.gov/dcr/universal_access/docs/waiver.pdf) For info or to check the program status in the event of poor weather, call **617-626-1294**. **Meet at:** Cronin Rink, 850 Revere Beach Parkway, Revere.

**April School Vacation Week**

**Story Walk-Various Locations**

**All week long beginning Saturday April 14th**

Enjoy a walk through a park while reading a story book. For more information please visit <http://www.mass.gov/dcr/events.htm>

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**Birding Belle Isle & Vicinity**

**Saturday, April 14th , 9am-12pm**

Belle Isle Marsh is a hot spot for birds. We’ll look for spring migrants in and around Belle Isle. Beginners welcome. Please bring binoculars. **Meet at:** Belle Isle Marsh main parking area, off Bennington St., East Boston.

**Birding Alewife Reservation**

**Saturday, April 14th, 1pm (2 to 3 hours)**

Search for signs of wildlife and birds with Dave Brown an expert naturalist. Co*sponsored by the friends of Alewife Reservation.* **Meet at:** Aleweife Reservation Parking Lot, Acorn Drive, Cambridge. Sign up for walks: info@friendsofalewifereservation.org

**Foundations of the Fells,**

**Wednesday, April 18th, 11:00am-noon**

Explore the former ‘mill-town’ of Haywardville and learn about some of the forward-thinking visionaries who put the Middlesex Fells on

the map. We will cover approximately 1 mile at a leisurely pace. **For more info.** call **781 231 1203. Meet at:** The Virginia Wood parking area at Gate 42 on Pond Street, Stoneham.

**Signs of Life Nature Walk**

**Thursday, April 19th, 11am-12pm**

**Suitable for children ages 5 through 11**

Join us on walk through the woods while

learning about animals and other signs of life on the trail. **Meet at:** Camp Nihan, 131 Walnut Street, Saugus, MA

**Terrific Tree Treasure Hunt at Breakheart**

**Friday, April 20th**, **10am-noon & 2pm-4pm**

Suitable for children ages 8 and older

Drop in anytime for about 45 minutes. Children will learn about trees and Asian Long Horned beetles while searching for a hidden treasure.

**Meet at:** Christopher P. Dunne Visitor Center, 177 Forest St., Saugus

**Blanket the Globe at Breakheart**

**Friday, April 20h, 10am-noon & 2pm-4pm**

Drop in anytime for about an hour or less. Children artistically express their love and\or concerns for nature on a blanket that is displayed at public events. **For more info** visit [**http://www.blankettheglobe.org**](http://www.blankettheglobe.org),  **Meet at:** Christopher P. Dunne Visitor Center, 177 Forest St., Saugus

**DCR’S PARK SERVE DAY**

SAVE THE DATE - SATURDAY, APRIL 21, 2012

Pick a Park   \*   Give a Day   \*   Make a Difference

On Saturday, April 21, Governor Deval Patrick invites you to lend a hand.   During this day of statewide volunteer service, we’ll work together to get state forests, parks and beaches across Massachusetts ready for summer.

With your help, we’ll spruce up park facilities, clean coastlines, clear and maintain trails, plant flowers, and more!  These valuable resources belong to all of us, and we can all take pride in them!

Online Registration is now open at [www.mass.gov/parkserve](http://www.mass.gov/dcr/parkserve/)

 

**Earth Day Observation of Lyrid Meteors**

**April 21st, 10 p.m. to midnight**

Come to Breakheart Reservation to enjoy a spectacular display of meteor showers.

**Meet at:** Wakefield entrance to Breakheart Reservation off Farm St., behind North Shore Metro. Regional Vocational School.

This program is sponsored by individual contributions to the Urban Park Trust Fund.

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**Birding at Breakheart**

**Saturday, April 28th, 9am-11am**

Join expert naturalist David Brown in search of signs of our migrants’ return. Expect to cover 2 miles of varied terrain. Wear warm clothe and sturdy footwear. **Meet at:** Christopher P. DunneVisitor Center, 177 Forest St., Saugus.

***May***

**CCC Walks**

**Saturday, May 5th, 12pm-2pm**

**Meet at:** BrekaheartVisitor Center, 177 Forest St., Saugus.

**Saturday, May 12, 12pm-2pm**

**Meet at:** Botume House, 4 Woodland Rd. Stoneham

Learn the history of the work of the Civil Conservation Corps in the State Parks during a presentation and walk.

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 ***Programs & Events***

***DCR North Region -***

***grams***

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